



St. Philips Volleyball Club

Newsletter 7: September 2026



Welcome to season 2026-27 at
St. Philips Volleyball Club (SPVC); Go Pips!

by SPVC Executive Committee members: Mitesh Patel, Hamid Sanami & Carrie Hodgson

New Season, New Adventures! Welcome back! A new season means new adventures to look forward to, and the Executive

Committee has been busy preparing behind the scenes. Here is everything you need to know about our focus, membership changes, and schedule for the upcoming season.

Executive Committee Updates

- **Junior Club:** We want to continue the great momentum we started last season. We are currently discussing new initiatives to give our junior players more opportunities to compete.
- **Fixtures & Leagues:** The CVA has not held its AGM yet, so league fixtures are not yet finalised. However, we intend to enter two men's teams and one women's team into the county league this season.

Senior Club Focus: Get Ready for T.E.A.M.S. - To track and progress our senior players, we are introducing a new key progress indicator based on the acronym **TEAMS**: **T**raining (gelling as a unit), **E**nhance (improving individual skills), **A**dapt (applying learning to match scenarios), **M**atches (doing your best to win sets), and **S**upport (encouragement throughout the process). It all starts at training, progressing as a unit to challenge opponents and oneself.

Important Changes to Gold Membership - We are taking a stricter, more strategic approach to our Gold Membership and match play this season. Signing up for Gold signifies a firm intent to play in competitive matches and includes an agreement to volunteer. Members will be expected to help at home matches as scorers or line referees, or act as a 1st (ideally qualified) or 2nd referee at neutral matches. New FIVB regulations will also be introduced and explained during training. Coaching staff will adopt a strategic approach to our starting six and substitutions; court time is not guaranteed and depends on match dynamics, but full support from the bench is expected. To ensure standards are met, Gold memberships will be periodically and unbiasedly reassessed by coaches to measure genuine effort. The committee remains dedicated to an open feedback loop to continuously refine our senior training.

Training Days

Please note that while Senior training days remain the same, Junior training days have changed from last season.

1. Seniors (*Senior Gold/Bronze, Junior Plus Gold/Bronze*)

- **Mondays (20:00–22:00) | All Members:** Split between general training (basic skills, drills, gameplay) and hosting home matches.
- **Saturdays (16:15–18:15) | Gold Members Only:** Specific, strategy-focused team training.

2. Juniors (*Junior Plus Gold/Bronze, Junior Silver/Bronze*)

- **Mondays (16:00–17:30) | All Members:** Foundational volleyball and upskilling through drills and gameplay.

Next Steps: Keep a close eye on the **Spond app** for all upcoming events, including Training Days, Home/Away/Referee matches, and Support Days. We look forward to seeing you all at the upcoming training sessions! Go Pips!

Spond (for upcoming event) 	Instagram  SPVC_CAMBRIDGE	YouTube https://youtube.com/@spvc-cambs Website https://spvc-cambs.co.uk/	easyfundraising page: 	Bursary https://forms.gle/BuijEx2ZV5e6fgBi8 Want to sponsor us or donate to our club? Contact us via email.
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Location: Anglian Leisure Netherhall, Queen Edith's Way, Cambridge, Cambridgeshire, CB1 8NN

Contact us: committee.spvc@gmail.com